

Do & Don't List

FOR NSSI IN SCHOOLS

● General Policies ●

DO

Be aware of local legislation, policies and guidelines regarding how to address and respond to NSSI and suicidal behaviour in schools

DON'T

Develop policies regarding NSSI without consideration of local context

DO

Develop a protocol specific to NSSI

DON'T

Combine policies and guidelines regarding NSSI and suicidal behaviour

Conflating NSSI and suicide protocols risks detrimental ends for youth, families and school personnel.

DO

Develop strategies and procedures for school camps, excursions, boarding schools, remote campuses, as applicable

DON'T

Develop a one-size-fits-all policy that does not consider the unique school environment

Not permitting students to go on excursions, field trips, or camps because of NSSI will further isolate the student, impede recovery, foster unhelpful comments from other students, and impact academic achievement.