

Teaching Staff

DO

Offer, and encourage, training and resources to all school staff

DON'T

Restrict education and training about NSSI to mental health staff only

DO

Encourage all school staff to adopt a compassionate, non-judgemental approach and respectful curiosity when talking to students about NSSI

DON'T

Openly display negative, judgemental, or unhelpful responses to NSSI

DO

Appoint a point person or team who are trained to address NSSI, can confidently perform a risk assessment, and work with young people who self-injure

DON'T

Allow untrained, or inexperienced, staff to work closely with students who self-injure

Also, avoid overly effusive responses to self-injury (which may reinforce the behaviour)

DO

Allow mental health staff to make decisions about confidentiality vs duty of care

DON'T

Mandate reporting of all NSSI to Head of School/ Principal/Parents